

# EMERGENCY PHONE NUMBERS, HEALTH HOTLINES & WEB RESOURCES

<b>ADDICTION / SUBSTANCE ABUSE</b>	<b>NY State Hopeline</b> Call or Text: 1-877-8-HOPENY Text: HOPENY (467369) 1-877-846-7369	The NY State Hopeline is available 24 hours a day, 365 days a year for alcoholism, drug abuse and problem gambling. All calls are free, anonymous and confidential.
	<b>Alcohol &amp; Drug Use Helpline</b> 585-275-0505 / 585275-2700 TTY	Substance use treatment intake services.
<b>CHILDREN AND PARENTING</b>	<b>292-BABY</b> (585-292-2229)  <u>Available:</u> Mon-Sat: 7am-midnight Sunday: 8am-8pm	Call and talk free to a pediatric nurse if you have non-emergency questions on: <ul style="list-style-type: none"> <li>• Your child's development</li> <li>• Childcare</li> <li>• Health insurance for your child</li> <li>• Any topic related to children &amp; parenting</li> </ul>
<b>DOMESTIC / CHILD ABUSE</b>	<b>Child Abuse Hotline</b> 585-461-5690	Department of Human Services - Monroe County child abuse reporting hotline
<b>DOMESTIC VIOLENCE</b>	<b>Willow Domestic Violence Center</b> Hotline: 585-232-SAFE (7353) 585-232-1741 (TTY) Phone: 585-232-5200	Crisis & support hotline available 24 hours a day, 7 days a week.  Provides emergency shelter, counseling services and prevention programs.
	<b>Domestic Violence Hotline</b> 800-942-6906	Confidential hotline for domestic abuse victims.
<b>GAY, LESBIAN, BI- SEXUAL &amp; TRANSGENDER</b>	<b>LGBT National Hotline</b> 1-888-843-4564 (For all ages)  <b>LGBT National Youth Talkline</b> 1-800-246-PRIDE (Teens & young adults up to age 25)	Free and confidential hotlines providing peer counseling and factual information and local resources relating to coming-out issues, relationship concerns, bullying & much more.
<b>PREGNANCY AND PRENATAL CARE</b>	<b>New York State: Growing Up Healthy Hotline:</b>  1-800-522-5006	This toll-free hotline operates 24-hours a day, 7 days a week and provides information and referrals about pregnancy care services, family planning, health care, nutrition & other health and human services.
<b>SEXUAL ASSAULT</b>	<b>RESTORE: Sexual Assault &amp; Rape Crisis Hotline</b> 585-546-2777 585-546-7583 (TTY)	Provides crisis intervention and support services to survivors of sexual assault and their loved ones. RESTORE services are free and confidential.

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<b>SEXUALLY TRANSMITTED DISEASES</b>	<b>National STD Hotline</b> Center for Disease Control 800-227-8922	Hotline provides callers with anonymous, confidential, and reliable answers to questions about STDs.
<b>SMOKING CESSATION</b>	<b>NYS Smoker's Quitline</b> 1-866-697-8487 www.nysmokefree.com	Offers guidance and assistance to help smokers to quit.
<b>SUICIDE / CRISIS INTERVENTION</b>	<b>Monroe County Lifeline</b> Phone: 585-275-5151 TTY: 585-275-2700	A crisis and suicide intervention program accessible 24 hours a day, 7 days a week. Access to the mobile crisis team is available for individuals and families within Monroe County.
	<b>National Suicide Hotline</b> 1-800-273-8255	Provides 24/7, free and confidential support for people in distress, as well as prevention and crisis resources for individuals and their loved ones.

## WEB RESOURCES

<b>ADOLESCENT HEALTH</b>	<b>youngwomenshealth.org</b>	The Center for Young Women's Health (CYWH) is an educational entity that provides teen girls and young women with carefully researched health information, educational programs, and conferences.
	<b>youngmenshealthsite.org</b>	The primary purpose of the Young Men's Health (YMH) website is to provide carefully researched health information to teenage boys and young men.