



## COMMUNITIES RESOURCES

<p><b>ADOPTION</b></p>	<p><b>Adoption Resource Network at Hillside Children’s Center (ARN)</b></p> <p>Hillside Children’s Center 100 Metro Park Suite 102 Rochester, NY 14623 <u>Contact Information:</u> Cecelia Spinelli - Phone: 585.350.2501</p>	<p>Provides information, support and education on all aspects of adoption and foster care for adoptive parents, for those contemplating or seeking to adopt, for women who are pregnant and considering making an adoption plan, and for individuals seeking birth parents and siblings.</p> <p><u>Eligibility:</u> For adoptive parents, for those contemplating or seeking to adopt a child, &amp; for women who are pregnant and considering an adoption plan, or individuals seeking birth parents and siblings.</p>
<p><b>AUTISM</b></p>	<p><b>THE AUTISM COUNCIL OF ROCHESTER</b></p> <p>1025 Commons Way Rochester, NY 14623 585.413.1681 <a href="http://www.theautismcouncil.org">www.theautismcouncil.org</a></p>	<p>Volunteer Human Service agency of professionals and parents of children, teens, and young adults on the Autism Spectrum. In addition to offering direct services and support to individuals on the Autism Spectrum, The Autism Council provides awareness training to a variety of community groups including educators, medical personnel, and law enforcement</p>
	<p><b>AutismUp Headquarters</b></p> <p>855 Publishers Parkway, Webster, NY 14580 (585) 248-9011 <a href="http://www.autismup.org">www.autismup.org</a></p>	<p>AutismUp is the leading non-for-profit autism organization in Rochester. They provide a variety of support programs, services and education to individuals with autism, their families, and professional service providers.</p>
<p><b>CHEMICAL DEPENDENCY</b></p>	<p><b>Villa of Hope Chemical Dependency Outpatient Clinic</b></p> <p>Villa of Hope Behavioral Health Services 1099 Jay Street, Building J, Suite 202 Rochester, NY 14611 Phone: (585) 328-0834</p>	<p>The Villa of Hope, New York State Office of Alcoholism and Substance Abuse Services (OASAS) certified Chemical Dependency Outpatient Clinic is committed to providing comprehensive treatment to adolescents and young adults ages 11-25 and their families. Services are available for individuals struggling with addiction or drug abuse, Parents struggling to cope with their adolescents' addiction, as well as teens and young adults impacted by a loved one’s addiction.</p>
<p><b>CHILD ABUSE</b></p>	<p><b>Bivona Child Advocacy Center</b></p> <p>275 Lake Avenue, Rochester, NY Phone: 585-935-7800 <u>Email:</u> <a href="mailto:info@BivonaCAC.org">info@BivonaCAC.org</a></p>	<p>Provides services to meet the needs of child victims of sexual or physical abuse and their families.</p>



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<b>DAYCARE</b>	<p><b>Child Care Council, Inc.</b> 595 Blossom Rd., Ste 120 Rochester, NY 14610</p> <p>585-654-4720</p> <p><a href="http://www.childcarecouncil.com">www.childcarecouncil.com</a></p>	<p>Child Care Council, Inc. is a not-for-profit child resource and referral corporation dedicated to the support of high quality child care. They assist families in their search for child care programs as well as accessing other community resources and parent education opportunities. Offices are located in Monroe, Livingston, and Wayne Counties in upstate New York.</p>
	<p><b>Action for a Better Community (ABC) Head Start Programs</b></p> <p>Phone: 325-5116 ext. 3300</p> <p><a href="http://www.abcinfo.org">www.abcinfo.org</a></p>	<p>Head Start is a federally-funded program of early childhood education and family development.</p> <p><u>Target Population/Eligibility Criteria:</u> <u>Early Head Start:</u> For pregnant women and children ages birth until 3 years old <u>Head Start:</u> For children ages 3 – 5 years <i>*Serves low income families in Monroe County.</i></p>
<b>DAYCARE – SPECIAL NEEDS</b>	<p><b>DayStar</b> 700 Lac De Ville Boulevard Rochester, NY 14618 Phone: 585.385.6287 Email: <a href="mailto:sbuchbinder@daystarkids.org">sbuchbinder@daystarkids.org</a></p>	<p>Daystar is New York State’s only Pediatric Day-Respite Center helping families successfully transition their infant or young child with special healthcare needs from the hospital to home and supports their healthy development all the way until they enroll in kindergarten. Daystar offers year-round, comprehensive day-respite services for children as young as six months of age, until they successfully transition into kindergarten.</p>
<b>DISABILITIES - DEVELOPMENTAL</b>	<p><b>Starbridge</b> 1650 South Avenue, Suite 200 Rochester, NY 14620 Phone: 585-546-1700</p>	<p>Starbridge partners with people with disabilities and their families to realize fulfilling possibilities in education, employment, health, and community living. They provide connections to an extensive range of resources.</p>
	<p><b>The Arc of Monroe County</b> 2060 Brighton-Henrietta Townline Rd Rochester, NY 14623 Phone: (585) 271-0660 <a href="http://www.arcmonroe.org">www.arcmonroe.org</a></p>	<p>The Arc of Monroe County has 40 locations in Monroe County that assist people with intellectual and/or other developmental disabilities that include Autism, Down Syndrome, Cerebral Palsy, Asperger Syndrome, and Pervasive Developmental Disorders among others. They offer a wide array of services such as living opportunities in their group homes and residences, volunteer opportunities in the community, unique and creative individualized day services as well as job training which is offered through their ArcWorks facility and placement through their Job Path Program.</p>



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<p><b>DISABILITIES - DEVELOPMENTAL</b></p>	<p><b>Community Resource Connections</b> (Through the Arc of Monroe) Community Resource Specialist Contact Number: (585) 271-0660 x2581.</p>	<p>Community Resource Connections is a free service for people with intellectual or developmental disabilities, including Autism, living in Monroe County. The Community Resource Specialist can help individuals and families with a variety of support and services including OPWDD Eligibility, Medicaid Enrollment, and Immediate Assistance with Basic Needs like food, housing, healthcare, transportation, legal supports, and safety concerns</p>
	<p><b>LIFETIME ASSISTANCE</b> 425 Paul Road, Rochester, NY 14624 Phone: 585.426.4120 www.lifetimeassistance.org</p>	<p>Lifetime assistance, Inc is a community leader, providing comprehensive services to children and adults with developmental disabilities and their families</p>
	<p><b>Flower City Down Syndrome Network</b> 2117 Buffalo Road #132 Rochester, NY 14624 Phone: (585) 56Tri-21 / (585-568-7421)</p>	<p>The Flower City Down Syndrome Network is a not-for-profit corporation under New York State laws. Our mission is to provide education, support, and opportunities to people with Down syndrome and their families</p>
<p><b>DIVORCE / SEPERATION</b></p>	<p><b>A.C.T. For The Children – Rochester</b> <i>(Assisting Children Through Transition)</i> Phone: 585.615.8032 Website: ACTForChildren-Rochester.com</p>	<p>A.C.T. ~ For the Children is dedicated to reducing the negative impact of a parental breakup on children. The program provides parents with information and skills for protecting their children by reducing conflict, strengthening parent-child relationships, and fostering children’s healthy development. <u>Who We Serve:</u> Separating and divorcing parents in the Rochester, NY metropolitan area.</p>
<p><b>DOMESTIC VIOLENCE</b></p>	<p><b>Willow Domestic Violence Center</b> Phone: 585-232-5200 Hotline: 232-SAFE (7353) TTY: 585-232-1741</p>	<p>Provides crisis counseling, support groups, court advocacy, a 24/7 hotline, emergency shelter as well as education and prevention programs. <i>(Formerly known as Alternatives for Battered Women)</i></p>
<p><b>GAY, LESBIAN, BI-SEXUAL &amp; TRANSGENDER RESOURCES</b></p>	<p><b>LGBTQ Academy at the Out Alliance</b> 100 College Avenue #100 Rochester, NY 14607 Phone: 585.244.8640 www.gayalliance.org</p>	<p>The LGBTQ Academy at the Out Alliance stands as a coalition of individuals and groups working to empower gay, lesbian, bisexual, and transgender persons, to affirm their identity, and to create an atmosphere where the diversity of our community can thrive both collectively and separately. They educate and advocate for the eradication of homophobia and for full civil rights for all.</p>



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<b>EATING DISORDERS</b>	<p><b>WNY Comprehensive Care Center for Eating Disorders</b> 255 Crittenden Blvd., Rochester, NY 14642 <u>Phone:</u> (585) 276-6102 <u>General Inquiries:</u> 1 (800) 700-4573 <a href="http://www.nyeatingdisorders.org">www.nyeatingdisorders.org</a></p>	<p>Provides a full range of comprehensive services and support groups for individuals with eating disorders and their families. All services are free of charge.</p>
	<p><b>The Healing Connection</b> 1320 University Ave Rochester, NY 14607  <u>Phone:</u> 585.641.0281 <a href="http://www.thehealingconnectioninc.org">www.thehealingconnectioninc.org</a></p>	<p>The Healing Connection provides hope and treatment to adolescents and adults seeking recovery from an eating disorder. Located in Rochester, NY, The Healing Connection is home to a partial hospitalization outpatient day program and intensive outpatient program which promotes stable, lasting recovery by providing daily structured support. Their multidisciplinary team works with patients to develop a variety of skills and connections to foster continued recovery.</p>
<b>HEALTH INSURANCE</b>	<p><b>New York State of Health Marketplace</b>  <u>Customer Service Center Phone Number:</u> 1-855-355-5777  <u>Website:</u> <a href="https://nystateofhealth.ny.gov/">https://nystateofhealth.ny.gov/</a></p>	<p>NY State of Health is an organized marketplace designed to help people shop for and enroll in health insurance coverage. Individuals and families can use the Marketplace to help them compare insurance options, calculate costs and select coverage. The Marketplace uses a single application that helps people to check their eligibility for health care programs like Medicaid, Child Health Plus, and the Essential Plan and enroll in these programs if they are eligible.</p>
<b>MENTAL HEALTH</b>	<p><b>MONROE MOBILE CRISES TEAM</b> Call Mobile Crises Team directly at (585) 529-3721 or Lifeline at (585) 275-5151.</p>	<p>The Monroe Mobile Crises Team is a mobile psychiatric emergency team for individuals and families within Monroe County who are experiencing a crisis in mental health. Its services are designed to divert individuals who are not at risk of harming themselves, as well as their families, from the county's psychiatric emergency departments. A team of mental health professionals go to the individual or family in their home, place of employment, school, etc. There are no age restrictions.</p>
	<p><b>HILLSIDE CHILDREN'S CENTER FAMILY CRISIS SUPPORT SERVICES</b>  <u>Phone:</u> 585-256-7500</p>	<p>Family Crisis Support Services (FCSS) are intended to provide in-home support services for youth ages 5-21 that are experiencing a mental health crisis and their families.</p>



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<b>PREGNANCY &amp; PARENTING SERVICES, PROGRAMS &amp; EDUCATION</b>	<b>Rochester Adolescent Maternity Program (RAMP)</b> 909 Culver Road Rochester, NY 14609  <u>Phone:</u> (585) 275-2962	The Rochester Adolescent Maternity Program (RAMP) is designed to provide specialized obstetrical care for pregnant teenagers up to age 19. Through RAMP, you will receive medical care, ultrasounds, education and information.  <u>Services</u> *Pregnancy testing and counseling *Medical care during and after your pregnancy *Group prenatal care/Centering Pregnancy™ *Education Information about: Pregnancy; Labor; Nutrition & the Care of your new baby
	<b>Healthy Moms Center</b> 89 Genesee Street Rochester, NY 14611  <u>Phone:</u> 585.368.3490	Pregnancy education classes On-site mental health counseling Care management Project Independence job training program  <u>Eligibility:</u> Pregnant women and women with children under the age of 2 that either live in the City of Rochester or are Unity OB/GYN patients in Monroe County.
	<b>WIC</b> Monroe County Health Department 2672 W Ridge Rd. Rochester, NY 14626  <u>Phone:</u> 585-753-5637  Call the <u>Growing Up Healthy Hotline</u> to locate the WIC Local Agency nearest to you: 1-800-522-5006	The Special Supplemental Nutrition Program for Women, Infants and Children offers: *Nutrition Education *Breastfeeding Support *Referrals *Nutritious Foods  WIC promotes and supports the good health of qualifying pregnant, breastfeeding or postpartum women, infants and children. Participants have longer, healthier pregnancies and fewer premature births
<b>TEEN PARENTING</b>	<b>Teenage Parent Support Group (TAPSS)</b> 148 S. Fitzhugh Street Rochester, NY 14608  <u>Phone:</u> 585-325-6101	Provides peer support, education and socialization for pregnant or parenting mothers or fathers under age 22 residing in Monroe County. Child care, transportation and social events also offered.
<b>TRANSITION SERVICES (To Adult Care)</b>	<b>Complex Care Center</b> UR Medicine Complex Care Center 905 Culver Road Rochester, NY 14609  <u>Phone:</u> 585.276.7900 <u>Website:</u> ccc.urmc.edu	The Complex Care Center is a comprehensive resource for adults with complex childhood onset conditions. They provide a primary care medical home for their patients including access to on-site specialty services. They work with patients and families to ensure a seamless transition from pediatric care as well as help patients navigate the complex healthcare system and optimize their life goals.



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<b>WOMEN'S HEALTH</b>	<b>Planned Parenthood</b> Phone: 1-800-230-7526 <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a>	Provides a variety of health services including women's Health Care, Birth control, emergency contraception, pregnancy testing, Abortion services, HIV testing and STD testing and treatment.
	<b>Compass Care</b> 2024 West Henrietta Rd Suite 6D Rochester, NY 14623 Phone: 585.232.2350 <a href="http://www.compasscare.info">www.compasscare.info</a>	CompassCare's patient care team offers trusted local expertise to answer reproductive and sexual health questions. <u>Services include:</u> Diagnostic Pregnancy Services (Pre-Termination Evaluations) STD Testing and Treatment Medical, Insurance, and Community Support Referrals